

# Don't You Trust Me?

a guide *for* high school parents

*by* high school parents

*I don't recognize this person anymore...*

*A feeling of invincibility takes hold of your teenager. All the good habits and beliefs that were developed throughout elementary and middle school might evaporate during the high school years.*

*Instead of lecturing you about nicotine or alcohol, he or she might defend a friend's (or his or her own) right to smoke and drink. After years of automatically putting on a seat belt, your teenager might stop using seat belts with peers.*

*If your son or daughter did not start challenging you in middle school or earlier, high school might be the onset of the "survival" years. Help your teen to use good judgment and take acceptable risks so that both you and your child do survive - literally and figuratively.*